The Kathopanishad

Shantipath

May the Paramatman protect us both (the teacher and the student) together . May he nurture the both of us together . May we gain capability relating to knowledge together . May what the both of us have studied be lustrous . May we not hate .

Aum . Shanti! Shanti! Shanti!

Adhyaya One

Valli One

It is known (famous) that, desirous of the fruits of yagna*, the son of Vajashrava donated away all his wealth (in the Vishwajeet** yagna). He had a renowned son by the name of Nachiketa.[1]

- * Fire Sacrifice
- ** World-winning (a yagna to literally win the whole world)

At the time the *dakshinas** (in the form of cows) were being taken, in him (Nachiketa) - he was only a child yet – entered the feeling of faith**. He started thinking:

- * Gifts to be given away on the occasion (of the yagna)
- ** More accurately, the aastikbuddhi

Those who have finished drinking water, those whose eating of grass has ceased, those whose milk has been sucked dry and those whose reproductive power has waned, when such cows are given away as gifts, the giver goes to the joyless worlds.

[3]

Then he said to his father, "O father! To whom shall you give me?". In the same manner, he asked a second and a third time. Then his father said to him, "I give you to death". [4]

(Nachiketa said :) Among many (sons or students) I am the foremost, and among many I am middlemost. What work of yama* is it which my father will fulfill through me? [5]

* The god of death

(Nachiketa said :) Think of the way those before us acted , and look at the ones who are with us now . Like a field a man ripens (and dies) , and like a field springs up again . [6]

The Brahmin guest enters a house like fire. The householder calms him with water. Thus, O king of death, bring him water!

In the house of one in which a Brahmin guest stays without partaking of food, that dim-witted man's wishes of acquisition of things known and unknown, the fruits of his intercourse with pious men, the fruits of his pious utterances, and the fruits of his good deeds, sacrifices, as well as his sons and cattle, all are destroyed by him.

[8]

(Yama said:) O Brahmin! I bow to thee; may I be blessed*. You, worthy of bowing to, have yet stayed for three nights in my house without partaking of food; therefore, for each night, ask of me one boon.

(Nachiketa said :) O Yama! For the first of the three boons I ask that my father be calm, cheerful of mind, free of anger, and that he recognise me and talk with me when you send me back.

^{*} More literally , may all be well with me

- (Yama said:) By my intercession, the son of Arun, Audyalaka, shall recognise you. In the night he shall sleep happily, for having seen you return from the jaws of death. [11]
- (Nachiketa said :) O god of death! There is no fear in the Heavenly Realm. There even your power does not reach. There none are afraid of old age. In the Heavenly Realm, men, beyond hunger or thirst, experience bliss and are above sorrow.
- (Nachiketa said :) O Death! You know the fire of sacrifice which leads to heaven, so describe it to my faith-filled self, through which the men ascended to heaven achieve immortality. This I ask for my second boon.
- (Yama said :) O Nachiketa! I, knowing the heaven-giving fire, shall explain it to you. Understand it well from me. It exists in the comprehension of the wise, it is the support of worlds.

It is then said that Yama explained to Nachiketa the fire and the number and nature of the bricks for it and its kindling. Then Nachiketa repeated to him what he had been told. Pleased by this, Yama again spoke:

[15]

(Yama said :) Now I grant you another (a fourth) boon . This fire shall gain fame by your name . Also take this many-coloured chain* . [16]

- (Yama said :) He who performs thrice this Nachiketa sacrifice , being instructed by the three (the mother , the father , and the teacher) goes beyond birth and death . He knows and experiences this , born of Brahma(n) , knowledgeable and worthy of praise , and attains to supreme peace . [17]
- (Yama said:) That knower of the three (that is, what/who the bricks are, how many in number, and how the fire-sacrifice is performed) who performs the Nachiketa sacrifice three times, even before the death of the body, attains heavenly bliss, breaks the bonds of death, and goes beyond sorrow. [18]
- (Yama said :) O Nachiketa! The fire through which one attains heaven, for which you asked for with the second boon has been told to you. People shall call this fire yours. Ask now for the third boon.
- (Nachiketa said :) About men who have passed away (died) there is doubt; some people say that they remain (that they exist) and some say that they do not . For the third of my boons I ask of you knowledge of this . [20]
- (Yama said :) In older times even the gods had their doubts about this , for this is not easy knowledge to know . O Nachiketa! Ask for some other boon , do not press me . From this boon please free me .
- (Nachiketa said :) O Death! Surely, in this regard even the gods had their doubts, and you yourself say it is not easy to know. Thus there can be no better teacher of this subject that you, nor can any other boon be like this.

^{*} More literally, a maala, either a necklace or a string of prayer beads

- (Yama said:) O Nachiketa! Ask for sons and grandsons who live a hundred years, ask for a wealth of animals, for elephants, for gold and horses, ask for the entire Earth, ask for a life as long as you want.
- (Yama said :) If you consider any boon equal to this, ask for it, ask for wealth, ask for an empire over the Earth. May you attain old age on this Earth. I can make you the enjoyer of your desires.
- (Yama said:) Ask for the desires which are difficult to satisfy in the world of mortals. Here you have these maidens with instruments and chariots. They are not obtainable by men. They shall serve you. But O Nachiketa! Do not ask me questions concerning death. [25]
- (Nachiketa said :) O Lord Yama! These experiences are of the type of which one is uncertain of their remaining the next day, and they dim the lustre of the senses. This entire lifetime is very small. Keep your vehicles and your songs and dances (for I have no interest in them). [26]
- (Nachiketa said:) Man cannot be satiated with wealth. Now that I have seen you, I shall obtain wealth as it is. As long as you rule I shall live, yet my requested boon remains unchanged. [27]
- (Nachiketa said :) Which mortal , who undergoes decay , shall consider the pleasures of song and dance , having approached the undecaying immortals ? [28]
- (Nachiketa said :) O Death! Concerning that of which it is doubted "it is or it is not" and that sure knowledge of the other world is that which I want to know. Nachiketa asks for no other boon.

 [29]

Note: It may seem strange that a son asks a father who he himself will be given to. To understand this, it is necessary to understand that in the given yagna, it is necessary to give away everything you are attached to and possess, including your son. Nachiketa saw that his father was giving away cows whose productive life had come to an end (as given in [3]), and understood that this did not behoove someone his father's stature (that of a king). Thus, he asks his father as to whom he himself shall be given. His father does not reply, and, being asked thrice, is angered, and in a moment of anger, he gives his son away to death. The rest of the Upanishad is based on the dialogue between Nachiketa and Yama about the nature of the soul.